

7th Annual Moms On The Run

Moms on the Run is a non-profit organization that was formed in 2000 to raise money to assist local women with breast cancer. Funds raised will be donated to specific needs of women suffering from breast cancer in Northern Nevada.

- When:** Sunday, May 13, 2007
- Where:** Reno High School, Foster Field
- Registration:** Mail in registration must be postmarked by **May 5, 2007**. Do not mail after May 5, 2007.
In person registration will be available at packet pickup at Reno High School.
RACE DAY REGISTRATIONS WILL NOT BE TIMED
- Packet Pickup:** Saturday, May 12th from 9:00 a.m. to 5:00 p.m. at Reno High School, Foster Field & Sunday 7:00 – 8:30 a.m.
- Cost:** For everybody 10 and over \$35 (Silver State Strider members receive \$2 discount). After May 5th \$40.
\$10 for children 10 and under.
- Times/Race:** 9:00 a.m. – 5K run *Moms on the Run* (women) and *Mama's Boy* (men); the only timed event.
10:30 a.m. – 1 mile fun walk, *Bon Bon Stroll* (women) and *Fat Boy Shuffle* (men); not a timed event
11:00 a.m. – ¼ mile run Kidlet's Race; not a timed event.
- Awards:** *Kidlet's Run* – Ribbons for all entrants
Moms on the Run – 1st, 2nd, & 3rd place medals for ages 13-19, 20-39, 40-49, 50-59, 60 and up.
Mama's Boy – 1st, 2nd, & 3rd place medals for ages 13-19, 20-39, 40-49, 50-59, 60 and up.
Bon Bon Stroll – Medals for 1st and last place.
Fat Boy Shuffle – Medals for 1st and last place.
- Raffle:** One raffle ticket will be given to each runner at registration and further tickets may be purchased during the course of the event. Must be present to win. Lots of great raffle prizes!
- Shirts:** T-shirts guaranteed to runners pre-registered by May 5, 2007.

Clip and mail by May 5, 2007 to: **Moms on the Run, P.O. Box 10994, Reno, NV 89510. Make checks payable to Moms on the Run**

PLEASE PRINT

First Name: _____ Last Name: _____ Birth Date: ____ / ____ / ____

Street Address: _____ City: _____ State: _____ Zip: _____

E-Mail Address: _____

Telephone: (____) _____ Age on Race Day: _____ Sex: ____ Male ____ Female

Event: ____ *5K Moms on the Run* ____ *5K Mama's Boy*
____ *1 mile Bon Bon Stroll* ____ *1 mile Fat Boy Shuffle* ____ *1 mile Kidlet's Race*

T-shirt Size: ____ **Small** ____ **Medium** ____ **Large** ____ **X-Large** ____ **XX-Large** ____ **XXXL**

(Must be signed by participant or by parent or guardian if participant is under age 18): I understand that my consent to these provisions is given in consideration of the acceptance of this registration and for being permitted to participate in this event. I am a voluntary participant in this event, and in good physical condition. I hereby assume full and complete responsibility for any injury or accident which may occur during my participation in this event or while on the premises of this event, and I hereby release and hold harmless the Moms on the Run and any affiliated individuals, any Race sponsors and their employees, and all other persons or entities associated with this event from any claims I may have arising out of my participation in this event, including personal injury or damage suffered by me or others, whether same be caused by negligence of the Moms on the Run, its local Affiliates and any affiliated individuals or any Race sponsors, including any of said parties' agents or employees, or otherwise. If I do not follow all the rules of this event, I understand that I may be removed from the competition. I give my full permission to the Moms on the Run local Affiliates and Races and their national sponsors to use any photographs, videotapes, or other recording of me that is made during the course of this event.

Signature: _____ **Date:** _____

Participant or Parent/Guardian if under 18 (Form must be signed)

Bib #: _____	Paid: ____ Yes ____ No	Paid By: Cash _____	Check # _____
Moms on the Run Use Only			