

8th Annual Moms On The Run 5K & 10K

Moms on the Run is a non-profit organization that was formed in 2000 to raise money to assist local women with breast cancer. Funds raised will be donated to specific needs of women suffering from breast cancer in Northern Nevada.

- When:** Sunday, May 11, 2008
Where: Reno High School, Foster Field
Registration: Mail in registration must be postmarked by May 3, 2008. **Do not mail after May 3, 2008.**
In person registration will be available at packet pickup at Reno High School.
RACE DAY REGISTRATIONS WILL NOT BE TIMED
Packet Pickup: Saturday, May 10th from 9:00 a.m. to 5:00 p.m. & Sunday, May 11th from 7:00 a.m. – 8:30 a.m. at Reno High School, Foster Field
Cost: For everybody 10 and over \$35 (Silver State Strider members receive \$2 discount).
After May 3rd cost will be \$40. \$10 for children under 10
Times/Race: 9:00 a.m. – 5K run *Moms on the Run* (women) and *Mama's Boy* (men); timed event.
9:00 a.m. – 10K *THE GINO*; women and men; timed event: **NO FINISHERS AFTER 75 MINUTES**
10:30 a.m. – 1 mile fun walk, *Bon Bon Stroll* (women) and *Fat Boy Shuffle* (men); not a timed event
11:00 a.m. – ¼ mile run *Kidlet's Race*; not a timed event
Awards: *Kidlet's Run* – Ribbons for all entrants
Overall men & women 1st, 2nd, & 3rd for 5K and 10K races
5K and 10K men and women age group winners; 13-19, 20-29, 30-39, 40-49, 50-59, 60 & up
Raffle: One raffle ticket will be given to each runner at registration and further tickets may be purchased during the course of the event. **Must be present to win.** Lots of great raffle prizes!
Shirts: T-shirts guaranteed to runners pre-registered by May 3, 2008.

Clip and mail by May 3, 2008 to: **Moms on the Run, P.O. Box 10994, Reno, NV 89510. Make checks payable to Moms on the Run**

PLEASE PRINT

First Name: _____ Last Name: _____ Birth Date: ____ / ____ / ____

Street Address: _____ City: _____ State: _____ Zip: _____

E-Mail Address: _____ (To receive Moms on the Run related information only)

Telephone: (____) _____ Age on Race Day: _____ Sex: ____ Male ____ Female

Event: ____ 5K *Moms on the Run* ____ 5K *Mama's Boy* ____ 10K "The GINO"

____ 1 mile *Bon Bon Stroll* ____ 1 mile *Fat Boy Shuffle* ____ ¼ mile *Kidlet's Run*

T-shirt Size: ____ Small ____ Medium ____ Large ____ X-Large ____ XX-Large ____ XXXL

(Must be signed by participant or by parent or guardian if participant is under age 18): I understand that my consent to these provisions is given in consideration of the acceptance of this registration and for being permitted to participate in this event. I am a voluntary participant in this event, and in good physical condition. I hereby assume full and complete responsibility for any injury or accident which may occur during my participation in this event or while on the premises of this event, and I hereby release and hold harmless the Moms on the Run and any affiliated individuals, any Race sponsors and their employees, and all other persons or entities associated with this event from any claims I may have arising out of my participation in this event, including personal injury or damage suffered by me or others, whether same be caused by negligence of the Moms on the Run, its local Affiliates and any affiliated individuals or any Race sponsors, including any of said parties' agents or employees, or otherwise. If I do not follow all the rules of this event, I understand that I may be removed from the competition. I give my full permission to the Moms on the Run local Affiliates and Races and their national sponsors to use any photographs, videotapes, or other recording of me that are made during the course of this event.

Signature: _____ **Date:** _____

Participant or Parent/Guardian if under 18 (Form must be signed)

Bib #: _____ Paid: ____ Yes ____ No Paid By: Cash _____ Check # _____

Moms on the Run Use Only